



**T80**

## TREADMILL OWNER'S MANUAL



Read the TREADMILL GUIDE before using this OWNER'S MANUAL.

# IMPORTANT PRECAUTIONS



## SAVE THESE INSTRUCTIONS

When using an electrical product, basic precautions should always be followed, including the following: Read all instructions before using this treadmill. It is the responsibility of the owner to ensure that all users of this treadmill are adequately informed of all warnings and precautions. If you have any questions after reading this guide, contact Customer Tech Support at the number listed on the back cover.

This product is intended for commercial use. To ensure your safety and protect the equipment, read all instructions before operating.



## DANGER

### TO REDUCE THE RISK OF ELECTRICAL SHOCK:

Always unplug the treadmill from the electrical outlet immediately after using, before cleaning, performing maintenance and putting on or taking off parts.

## CAUTION

**If you experience any kind of pain, including but not limited to chest pains, nausea, dizziness, or shortness of breath, stop exercising immediately and consult your physician before continuing.**

## WARNING

### TO REDUCE THE RISK OF BURNS, FIRE, ELECTRICAL SHOCK OR INJURY TO PERSONS:

- If you experience any kind of pain, including but not limited to chest pains, nausea, dizziness, or shortness of breath, stop exercising immediately and consult your physician before continuing.
- When exercising, always maintain a comfortable pace.
- Do not wear clothes that might catch on any part of the treadmill.
- Always wear athletic shoes while using this equipment.
- Do not jump on the treadmill.
- At no time should more than one person be on treadmill while in operation.
- This treadmill should not be used by persons weighing more than specified in the OWNER'S MANUAL SPECIFICATIONS SECTION. Failure to comply will void the warranty.
- Disconnect all power before servicing or moving the equipment. To clean, wipe surfaces down with soap and slightly damp cloth only; never use solvents. (See MAINTENANCE)
- The treadmill should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.
- Do not operate under blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
- Connect this exercise product to a properly grounded outlet only.

## WARNING

### (CONT.)

- At NO time should children under the age of 13 or pets be within 10 feet of the machine.
- At NO time should children under the age of 13 use the treadmill.
- Children over the age of 13 or disabled persons should not use the treadmill without adult supervision.
- Use the treadmill only for its intended use as described in the treadmill guide and owner's manual.
- Do not use other attachments that are not recommended by the manufacturer. Attachments may cause injury.
- Never operate the treadmill if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or immersed in water. Call Customer Tech Support for examination and repair.
- Keep power cord away from heated surfaces. Do not carry this unit by its supply cord or use the cord as a handle.
- Never operate the treadmill with the air opening blocked. Keep the air opening clean, free of lint, hair, and the like.
- To prevent electrical shock, never drop or insert any object into any opening.
- Do not operate where aerosol (spray) products are being used or when oxygen is being administered.
- To disconnect, turn all controls to the off position, then remove plug from outlet.
- Do not use treadmill in any location that is not temperature controlled, such as but not limited to garages, porches, pool rooms, bathrooms, car ports or outdoors. Failure to comply may void the warranty.
- Do not remove the console covers unless instructed by Customer Tech Support. Service should only be done by an authorized service technician

It is essential that your treadmill is used only indoors, in a climate controlled room. If your treadmill has been exposed to colder temperatures or high moisture climates, it is strongly recommended that the treadmill is warmed up to room temperature before first time use. Failure to do so may cause premature electronic failure. The initial (default) starting speed is 0.5mph (0.8 km/h). The default starting speed set too high can be dangerous.





## GROUNDING INSTRUCTIONS

The treadmill must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. The treadmill is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances. If the user does not follow these grounding instructions, the user could void the Vision limited warranty.

### **DANGER**

Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product. If it will not fit the outlet, have a proper outlet installed by a qualified electrician.

### **WARNING**

Connect this exercise product to a properly grounded outlet only.

Never operate product with a damaged cord or plug even if it is working properly. Never operate any product if it appears damaged, or has been immersed in water. Contact Customer Tech Support for replacement or repair.

# BASIC OPERATION





## LOCATION OF THE TREADMILL

Place the treadmill on a level and stable surface. Please leave a clear zone behind the treadmill that is at least the width of the treadmill and at least 79" (2000 mm) long. This zone must be clear of any obstruction and provide the user a clear exit path from the machine. In case of an emergency, place both hands on the side arm rests to hold yourself up and place your feet onto the side rails.

For ease of access, there should be an accessible space preferentially on both sides of the treadmill equal to 36" (915 mm) to allow a user access to the treadmill from either side.

## CAUTION – RISK OF INJURY TO PERSONS

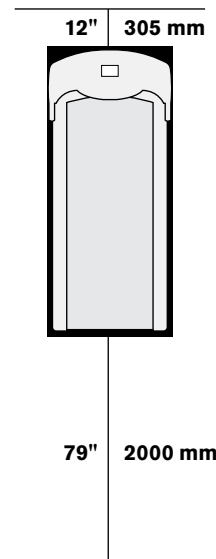
While you are preparing to use the treadmill, do not stand on the belt. Place your feet on the side rails before starting the treadmill. Start walking on the belt only after the belt has begun to move. Never start the treadmill at a fast running speed and attempt to jump on!

## USING THE SAFETY KEY

Your treadmill will not start unless the safety key is inserted. Attach the clip end securely to your clothing. This safety key is designed to cut the power to the treadmill if you should fall. Check the operation of the safety key every 2 weeks.

## WARNING

Never use the treadmill without securing the safety key clip to your clothing. Pull on the safety key clip first to make sure it will not come off your clothing.



## PROPER USAGE

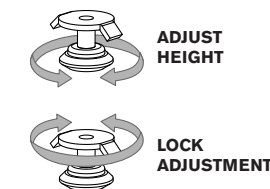
Your treadmill is capable of reaching high speeds. Always start off using a slower speed and adjust the speed in small increments to reach a higher speed level. Never leave the treadmill unattended while it is running. When not in use turn the on/off switch to off and unplug the power cord. Make sure to follow the MAINTENANCE schedule in this guide to maintain optimal performance and prevent premature electronic failure. Keep your body and head facing forward. Do not attempt to turn around or look backwards while the treadmill is running. Stop your workout immediately if you feel pain, faint, dizzy or are short of breath.

## WARNING

Our treadmills are heavy; use care and additional help if necessary when moving. Do not attempt to move or transport treadmill unless it is in the upright, folded position with the lock latch secured. Failure to follow these instructions could result in injury.

## LEVELING THE TREADMILL

Your treadmill should be level for optimum use. Once you have placed your treadmill where you intend to use it, raise or lower one or both of the adjustable levelers located on the bottom of the treadmill frame. A carpenter's level is recommended. If your treadmill is not level, the running belt may not track properly. Once you have leveled your treadmill, lock the levelers in place by tightening the nuts against the frame.





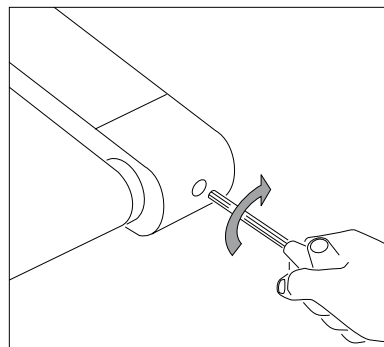
## TENSIONING THE RUNNING BELT

For more information and/or how-to videos, visit our Customer Support section on our website. Contact information is located on the back panel.

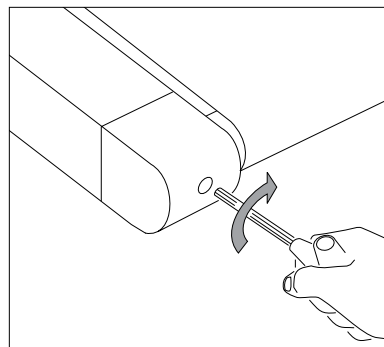
### CAUTION

Running belt should NOT be moving during tensioning. Over-tightening the running belt can cause excessive wear on the treadmill as well as its components. Never over-tighten the belt.

If you can feel a slipping sensation when running on the treadmill, the running belt must be tightened. In most cases, the belt has stretched from use, causing the belt to slip. This is a normal and common adjustment. To eliminate this slipping, **turn the treadmill off** and tension **both the rear roller bolts** using the supplied Allen wrench, turning them 1/4 turn to the right (clockwise) as shown. Turn the treadmill on and check for slipping. Repeat if necessary, but **never turn** the roller bolts more than 1/4 turn at a time. Belt is properly tensioned when the slipping sensation is gone.



TIGHTENS RIGHT SIDE OF ROLLER



TIGHTENS LEFT SIDE OF ROLLER

## CENTERING THE RUNNING BELT

For more information and/or how-to videos, visit our Customer Support section on our website. Contact information is located on the back page of the OWNER'S MANUAL.

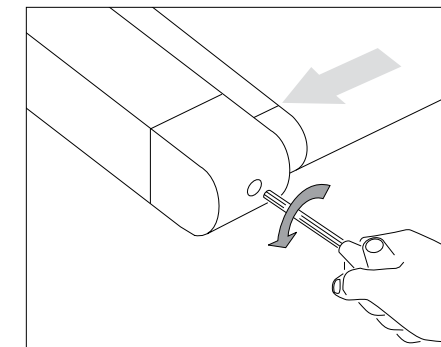
### CAUTION

Do not run belt faster than 3 mph/4 kmh while centering. Keep fingers, hair and clothing away from belt at all times.

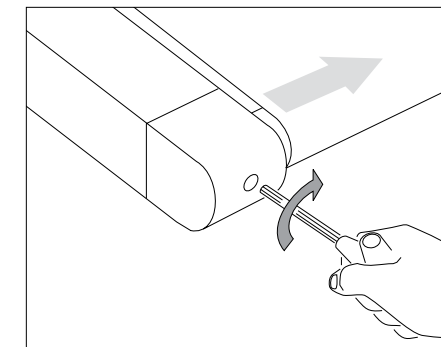
**If the running belt is too far to the right side:** Using the supplied Allen wrench and with the treadmill running at 3 mph/4 kmh turn the **LEFT** adjustment bolt counter-clockwise a 1/4 turn and wait for the belt to adjust itself. Repeat if necessary, until the belt remains centered during use.

**If the running belt is too far to the left side:** Using the supplied Allen wrench and with the treadmill running at 3 mph/4 kmh turn the **LEFT** adjustment bolt clockwise a 1/4 turn and wait for the belt to adjust itself. Repeat if necessary, until the belt remains centered during use.

- If you find the belt is slipping because it is too loose, center it then tension as needed.
- For easier adjustment bolt access, remove the end caps.



BELT IS TOO FAR TO THE RIGHT SIDE



BELT IS TOO FAR TO THE LEFT SIDE





## USING THE HEART RATE FUNCTION

Place the palm of your hands directly on the grip pulse handlebars. Both hands must grip the bars for your heart rate to register. It takes 5 consecutive heart beats (15-20 seconds) for your heart rate to register. When gripping the pulse handlebars, do not grip tightly. Holding the grips tightly may elevate your blood pressure. Keep a loose, cupping hold. You may experience an erratic readout if consistently holding the grip pulse handlebars. Make sure to clean the pulse sensors to ensure proper contact can be maintained.

The heart rate function on this product is not a medical device. While heart rate grips or a thumb pulse sensor can provide a relative estimation of your actual heart rate, they should not be relied on when accurate readings are necessary. Some people, including those in a cardiac rehab program, may benefit from using an alternate heart rate monitoring system like a chest or wrist strap. Various factors, including movement of the user, may affect the accuracy of your heart rate reading. The heart rate reading is intended only as an exercise aid in determining heart rate trends in general. Please consult your physician.

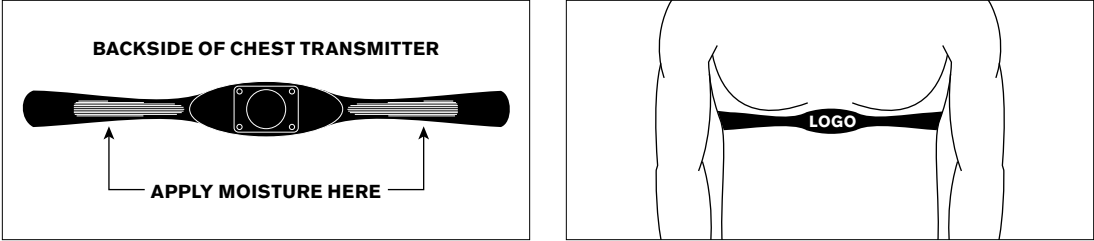
## CAUTION

Always stand still on side rails when measuring your heart rate. Checking your heart rate while in motion will cause inaccurate readings. Do not press excessively hard on the sensor as this may cause damage.

## WIRELESS HEART RATE RECEIVER

When used in conjunction with a **wireless chest transmitter**, your heart rate can be transmitted wirelessly to the treadmill and displayed on the console. All but the CLASSIC console include a wireless chest transmitter.

Prior to wearing the wireless chest transmitter on your chest, moisten the two rubber electrodes with water. Center the chest strap just below the breast or pectoral muscles, directly over your sternum, with the logo facing out. **NOTE:** The chest strap must be tight and properly placed to receive an accurate and consistent readout. If the chest strap is too loose, or positioned improperly, you may receive an erratic or inconsistent heart rate readout.





# TROUBLESHOOTING & MAINTENANCE







## RECOMMENDED CLEANING TIPS

- A Use a soft, clean cotton cloth. DO NOT use paper towels to clean surfaces on the treadmill. Paper towels are abrasive and can damage surfaces.
- B Use a mild soap and damp cloth. DO NOT use ammonia based cleaner. This will cause discoloring of the aluminum and plastics it comes into contact with.
- C Do not pour water or cleaning solutions on any surface. This could cause electrocution.
- D Wipe the console and side rails after every use.
- E Be sure to remove any obstructions from the path of the elevation wheels including power cords.
- F Monthly, unplug the treadmill and remove the motor cover. Check for debris and clean with a dry cloth or small vacuum nozzle.

**WARNING:** Do not plug the treadmill in until the motor cover has been reinstalled.

**CAUTION:** Be sure to have proper assistance to install and move the unit in order to avoid injury or damage to the treadmill.

## DECK AND BELT REPLACEMENT

One of the most common wear and tear items on a treadmill is the deck and belt combination. If these two items are not properly maintained they can cause damage to other components. This product has been provided with the most advanced maintenance free lubricating system on the market. The treadmill deck does not require any maintenance, other than cleaning and belt tightening.

**WARNING:** Do not run the treadmill while cleaning the belt and deck. This can cause serious injury and can damage the machine.

Maintain the belt and deck by wiping the sides of the belt and deck with a clean cloth. The user can also wipe under the belt 2 inches on both sides removing any dust or debris.

The deck can be flipped and reinstalled or replaced by an authorized service technician. Please contact Vision Fitness for more information.

## WARNING

To remove power from the treadmill, the power cord must be disconnected from the wall outlet.

## CHECK FOR DAMAGED PARTS

**DO NOT** use any equipment that is damaged or has worn or broken parts. Use only replacement parts supplied by Vision Fitness.

**MAINTAIN LABELS AND NAMEPLATES** Do not remove labels for any reason. They contain important information. If unreadable or missing, contact Vision Fitness for a replacement or an authorized service provider.

**MAINTAIN ALL EQUIPMENT** Preventative maintenance is the key to smooth operating equipment, as well as keeping the user's liability to a minimum. Equipment needs to be inspected at regular intervals. Defective components must be replaced immediately. Improperly working equipment must be kept out of use until it is repaired. Ensure that any person(s) making adjustments or performing maintenance or repair of any kind is qualified to do so. Vision Fitness will provide service and maintenance training at our corporate facility upon request or in the field if proper arrangements are made.

## CARE AND MAINTENANCE

### HOW DO I CLEAN MY MACHINE?

Clean with soap and water cleaners only. Never use solvents on plastic parts. Cleanliness of your treadmill and its operating environment will keep maintenance problems and service calls to a minimum. For this reason, Customer Tech Support recommends that the following preventive maintenance schedule be followed.

### DAILY

- Clean entire machine using water and mild detergent such as "Simple Green", or other Vision approved solution (cleaning agents should be alcohol and ammonia free).



# ASSEMBLY



## WARNING

There are several areas during the assembly process when special attention must be paid. It is very important to follow the assembly instructions correctly and to make sure all parts are firmly tightened. If the assembly instructions are not followed correctly, the treadmill could have parts that are not tightened and will seem loose and may cause irritating noises. To prevent damage to the treadmill, the assembly instructions must be reviewed and corrective actions should be taken.

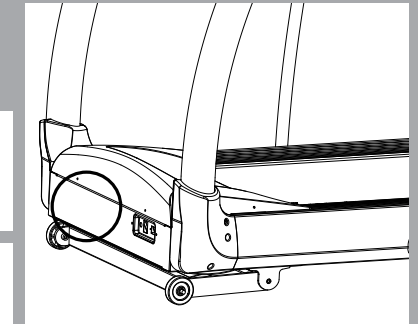
Before proceeding, find your treadmill's serial number located on a white barcode sticker on the base frame as shown in this image.

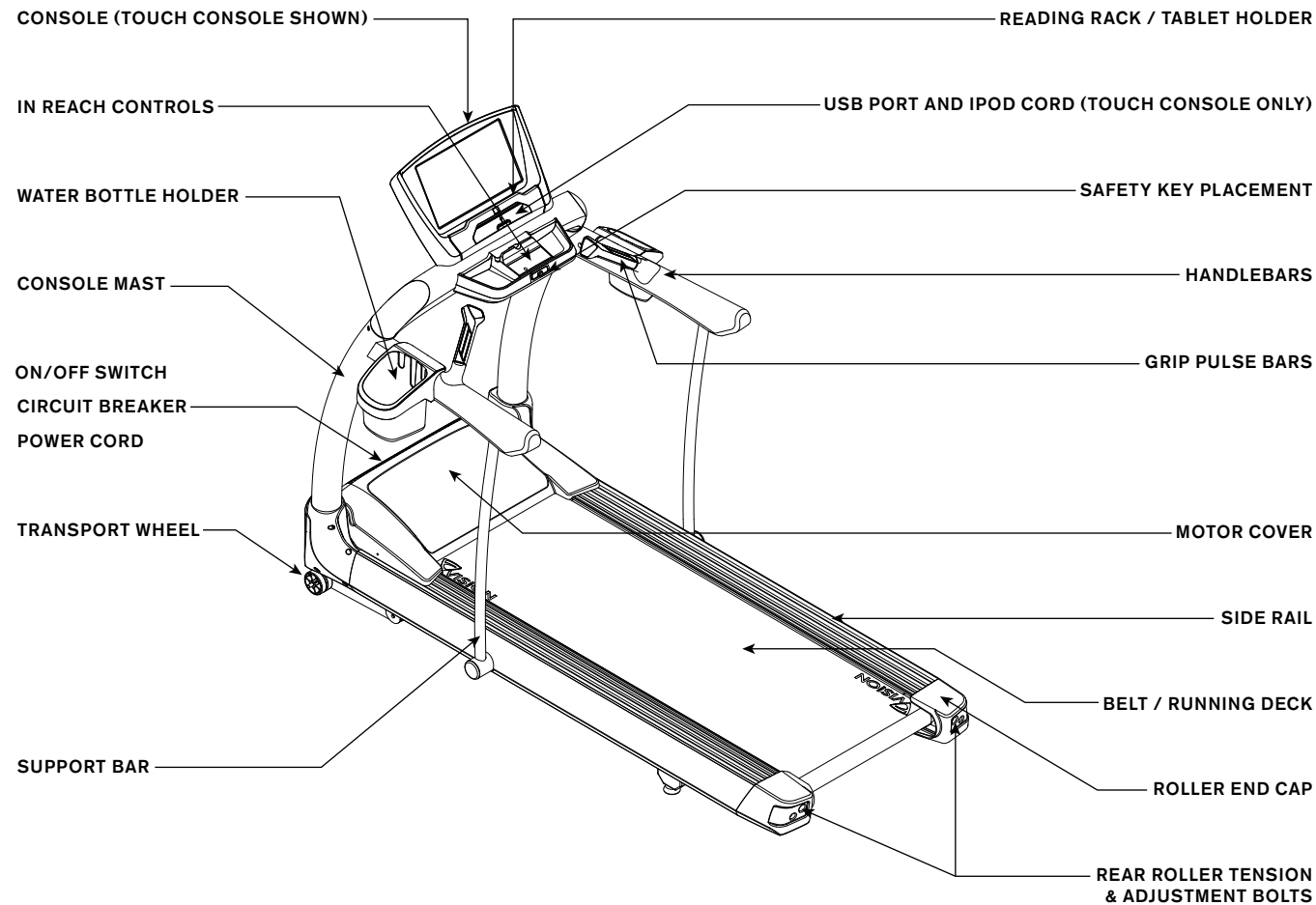
ENTER YOUR SERIAL NUMBER IN THE BOX BELOW:

SERIAL NUMBER:

MODEL NAME: **VISION T80 TREADMILL**

## SERIAL NUMBER LOCATION





## TOOLS INCLUDED:

- ☐ 8 mm T-Wrench
- ☐ 6 mm T-Wrench
- ☐ 5 mm T-Wrench
- ☐ 5 mm L-Wrench
- ☐ 4 mm L-Wrench
- ☐ 13 mm Hex Wrench
- ☐ Screwdriver

## PARTS INCLUDED:

- ☐ 2 Console Masts
- ☐ 2 Handlebars
- ☐ 2 Support Bars
- ☐ 2 Support Bar Caps
- ☐ 2 Sets Base Frame Covers
- ☐ 1 Console Base
- ☐ 1 Console Base Cover
- ☐ 1 Water Bottle Holder
- ☐ 1 Accessory Holder
- ☐ 1 Hardware Kit
- ☐ 1 Power Cord



## NEED HELP?

If you have questions or if there are any missing parts, contact your authorized Vision Fitness retailer.

# PRE-ASSEMBLY

## UNPACKING

Place the treadmill carton on a level flat surface. It is recommended that you place a protective covering on your floor. Take **CAUTION** when handling and transporting this unit. Once the banding straps have been removed, do not transport this unit unless it is fully assembled. Unpack and assemble the unit where it will be used. Never grab hold of any portion of the incline frame and attempt to lift or move the treadmill. Lift the treadmill from the roller end caps area while a second person removes the parts packed under the treadmill.

## ⚠ WARNING

**DO NOT ATTEMPT TO LIFT THE TREADMILL!** Do not move or lift treadmill from packaging until specified to do so in the assembly instructions. You may remove the plastic wrap from console masts.

## ⚠ WARNING

**FAILURE TO FOLLOW THESE INSTRUCTIONS COULD RESULT IN INJURY!**

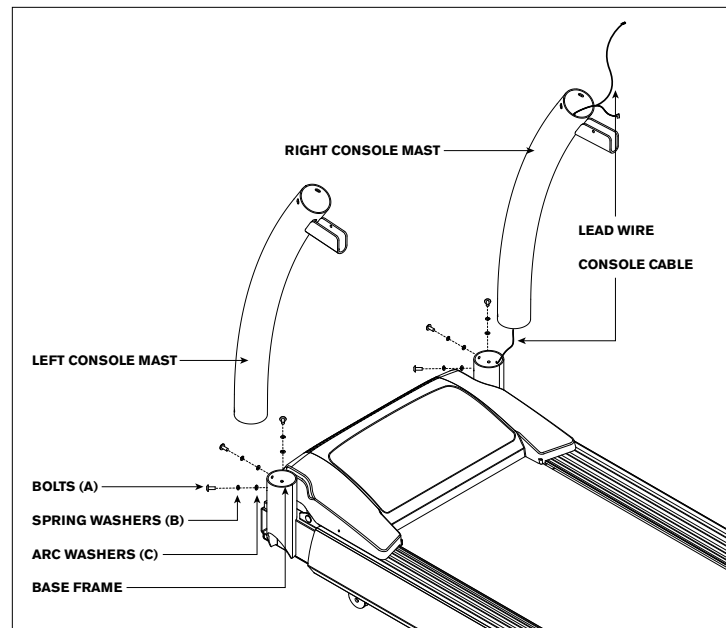
**NOTE:** During each assembly step, ensure that **ALL** nuts and bolts are in place and partially threaded in before completely tightening any **ONE** bolt.

**NOTE:** A light application of grease may aid in the installation of hardware. Any grease, such as lithium bike grease, is recommended.



## ASSEMBLY STEP 1

### HARDWARE FOR STEP 1:



A Open **HARDWARE FOR STEP 1**.

B Attach **LEAD WIRE** to **CONSOLE CABLE** and pull **LEAD WIRE** through **RIGHT CONSOLE MAST**. After pulling the **LEAD WIRE** through the mast, the top of the **CONSOLE CABLE** should be located at the top of the mast. Detach and discard **LEAD WIRE**.

NOTE: Do not pinch console cable when placing the mast onto the base frame.

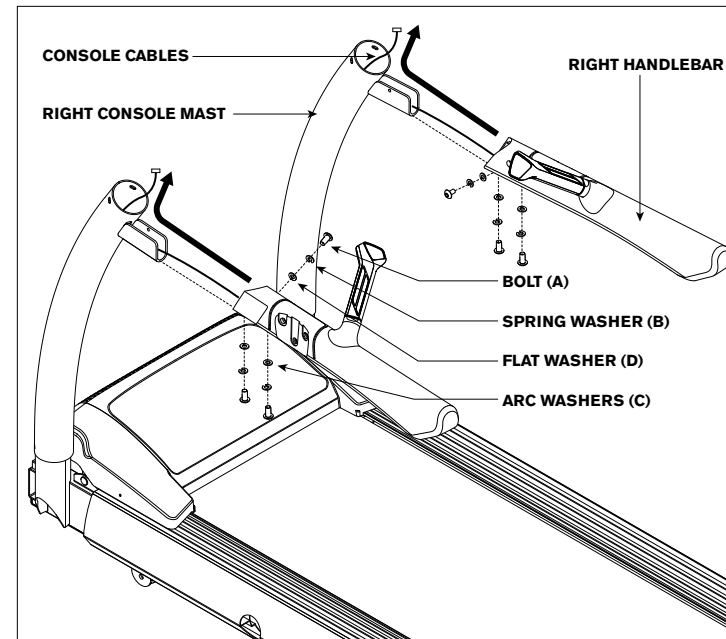
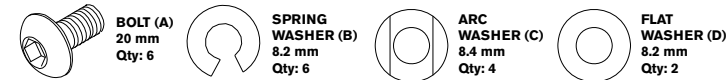
C Attach **CONSOLE MAST** to **BASE FRAME** using 3 **BOLTS (A)**, 3 **SPRING WASHERS (B)** and 3 **ARC WASHERS (C)**.

NOTE: Do not tighten bolts until step 4 is complete.

D Repeat step C on other side.

## ASSEMBLY STEP 2

### HARDWARE FOR STEP 2:



A Open **HARDWARE FOR STEP 2**.

B Guide **CONSOLE CABLES** from **HANDLEBARS** through and out of the tops of the **CONSOLE MASTS**.

C Slide **HANDLEBARS** onto **CONSOLE MASTS**.

NOTE: Do not pinch console cables while attaching the handlebars.

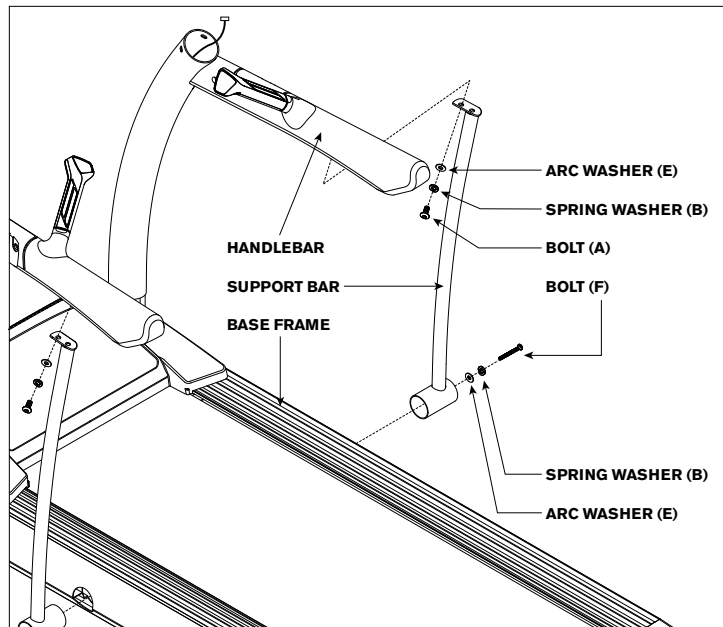
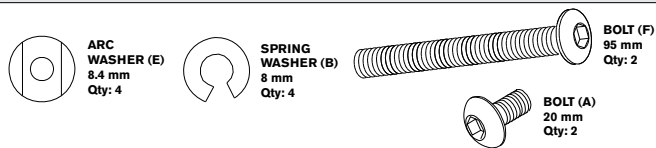
D Attach right **HANDLEBAR** to right **CONSOLE MAST** using 1 **FLAT WASHER (D)**, 1 **SPRING WASHER (B)** and 1 **BOLT (A)** from the inside and 2 **ARC WASHERS (C)**, 2 **SPRING WASHERS (B)** and 2 **BOLTS (A)** from below.

NOTE: Do not tighten bolts until step 4 is complete.

E Repeat on other side.

## ASSEMBLY STEP 3

### HARDWARE FOR STEP 3:



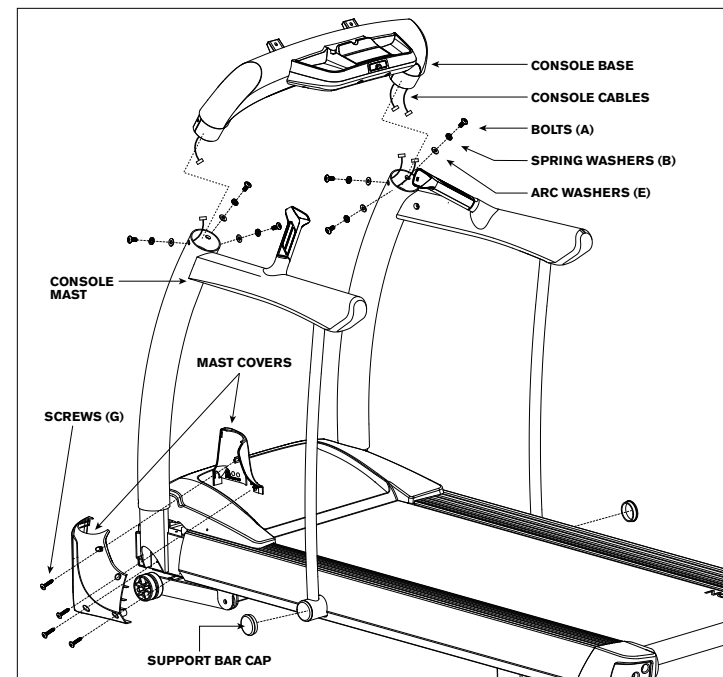
- Open **HARDWARE FOR STEP 3**.
- Attach the right **SUPPORT BAR** to the **BASE FRAME** using 1 **ARC WASHER (E)**, 1 **SPRING WASHER (B)** and 1 **BOLT (F)**.

**NOTE:** Do not tighten bolts until step 4 is complete.

- Attach the right **SUPPORT BAR** to the **HANDLEBAR** using 1 **ARC WASHER (E)**, 1 **SPRING WASHER (B)** and 1 **BOLT (A)**.
- Repeat on other side.

## ASSEMBLY STEP 4

### HARDWARE FOR STEP 4:



- Open **HARDWARE FOR STEP 4**.
- Gently place **CONSOLE BASE** on top of **CONSOLE MASTS**.

**NOTE:** Be careful not to pinch the console cables while attaching the console base.

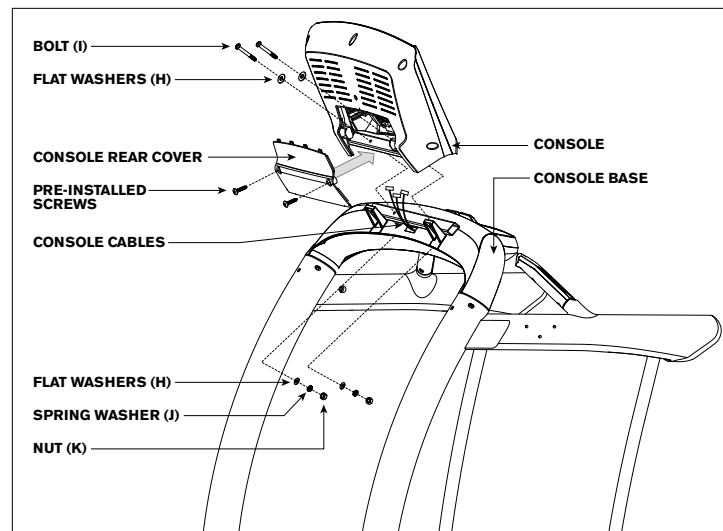
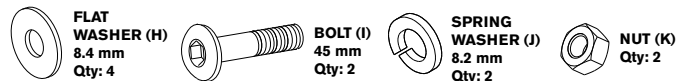
- Connect the **CONSOLE CABLES** and tuck them inside the **CONSOLE MASTS** and slide **CONSOLE BASE** into **CONSOLE MASTS**.
- Connect the **CONSOLE BASE** to **CONSOLE MASTS** using 6 **ARC WASHERS (E)**, 6 **SPRING WASHERS (B)** and 6 **BOLTS (A)**.

**NOTE:** Tighten all bolts from STEPS 1–3.

- Attach **MAST COVERS** to **BASE FRAME** using 4 **SCREWS (G)**.
- Insert **SUPPORT BAR CAP** into bottom of **SUPPORT BAR**.
- Repeat on other side.

## ASSEMBLY STEP 5

### HARDWARE FOR STEP 5:



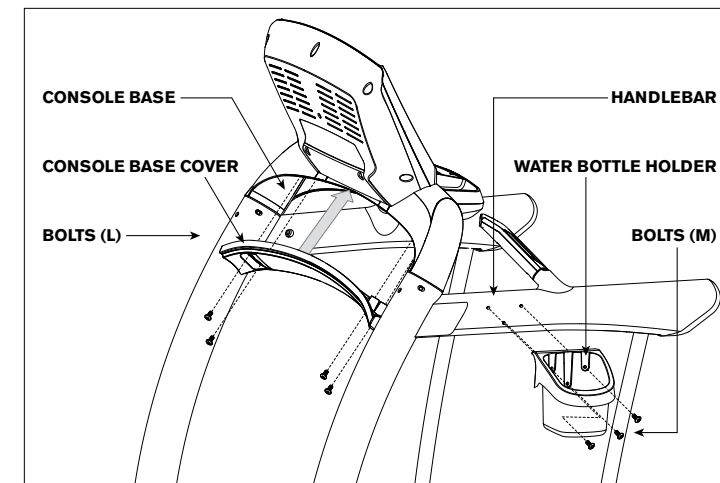
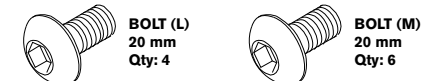
- Open **HARDWARE FOR STEP 5**.
- Remove 2 **PRE-INSTALLED SCREWS** to remove **CONSOLE REAR COVER** from the **CONSOLE**.
- Attach the **CONSOLE** to the **CONSOLE BASE** using 2 **BOLTS (I)** and 2 **FLAT WASHERS (H)** from above and 2 **FLAT WASHERS (H)** 2 **SPRING WASHERS (J)** and 2 **NUTS (K)** from below.

**NOTE:** Be careful not to pinch the console cables while attaching the console.

- Connect the **CONSOLE CABLES** to the **CONSOLE**.
- Re-attach the **CONSOLE REAR COVER** to the **CONSOLE** using 2 **PRE-INSTALLED SCREWS**.

## ASSEMBLY STEP 6

### HARDWARE FOR STEP 6:



- Open **HARDWARE FOR STEP 6**.
- Attach the **CONSOLE BASE COVER** to the **CONSOLE BASE** using 4 **BOLTS (L)**.
- Attach **WATER BOTTLE HOLDER** and **ACCESSORY HOLDER** to left and right **HANDLEBARS** using 6 **BOLTS (M)**.

### **IMPORTANT**

This treadmill has a pre-waxed belt and should never be lubricated. Waxing the belt can cause damage that is not covered by the warranty.

**ASSEMBLY COMPLETE!**



# CONSOLE OPERATION

See CONSOLE MANUAL for instructions on the following:

- **CONSOLE OPERATION**
- **CONSOLE DISPLAY INFORMATION**
- **PROGRAM INFORMATION**
- **NIKE + IPOD OPERATION**
- **PASSPORT™ PLAYER INFORMATION**

# LIMITED WARRANTY



## **WEIGHT CAPACITY = 400 lbs (182 kilograms)**

Please contact your authorized VISION FITNESS retailer for warranty.

### EXCLUSIONS AND LIMITATIONS

This warranty applies only to the original owner and is not transferable. This warranty is expressly limited to the repair or replacement of a defective Frame, Motor, Electronic component, or defective Part and is the sole remedy of the warranty. The warranty does not cover normal wear and tear – including but not limited to belts, deck, USB port, headphone jack and iPod cord, improper assembly or maintenance, or installation of parts or accessories not originally intended or compatible with the Fitness Product as sold. The warranty does not apply to damage or failure due to accident, abuse, corrosion, discoloration of paint or plastic, or neglect. VISION FITNESS shall not be responsible for incidental or consequential damages. Parts and Electronic components reconditioned to As New Condition by VISION FITNESS or its vendors may sometimes be supplied as warranty replacement parts and constitute fulfillment of warranty terms. Any warranty replacement parts shall be warranted for the remainder of the original warranty term.





go with confidence



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